

# *"Cool Kind Kid" Camp Kit™*

*Ages 4 - 6*



*Social Skills Shaping Futures™*

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#### *Tanner's Letter #3*

#### Song Lyrics

### 3. *The Magic Words*

#### Activity 1 – Saying “Please” and “Thank you”

- **Objective** To encourage campers to say the 5 Original Magic Words – *Please, Thank you, You’re welcome, Excuse me, I’m sorry*
  - **Supplies** Large craft sticks, glitter
  - **Song** “*Magic Word Mambo,*” Track 4
- **Words like “Please” and “Thank you” are called the Magic Words. People use the Magic Words because they want to be kind.**
  - Have campers give examples of when they have used these 5 Magic Words lately.
  - If you give something to someone and they don’t say “Thank you,” how do you feel?

#### Idea Box

- Have campers find sticks to use as “Magic Word Magic Wands,” or make wands from

large painted craft sticks, construction paper stars, and glitter. Campers wave the wands when they hear a Magic Word in the song.

- Read the story below. Have campers wave their magic wands when they hear one of the 5 Original Magic Words:

Isaac wanted a snack, but his mother was talking to someone. He said, “Excuse me, Mom.” She said, “Just a minute,” so he waited until she finished talking. Then she asked, “What do you want?” “May I have some grapes, please?” he asked. She said, “I’m sorry. We don’t have any grapes. Would you like some carrots?” “Yes, please,” he said. Mother gave Isaac some carrots, and he said, “Thank you.” She said, “You’re welcome.” Isaac ran out to play.

**A “Cool Kind Kid” says “Please” and “Thank you.”**

## 5. Family

### Activity 2 – I Can Help at Home

- **Objective** To show campers that they can help at home even though they are young
  - **Supplies** Items to symbolize helping at home, such as broom, dust pan, dust cloth, bucket, waste basket, window cleaning solution, pet bowl, toy box, crumpled napkin (clear the table), sponge (wash the table)
  - **Song** “*My Family*,” Track 9
- **One way that I can be polite to my family is by helping out at home.**
  - **I’m going to read a story about a girl named Elizabeth, and then I’ll ask you what Elizabeth could do differently to help out at home:**

Elizabeth didn’t like helping out at home. After dinner, she left her dishes

on the table. She had a laundry basket, but she wouldn't put her dirty clothes in it and left them on the floor instead. The trashcan in the bathroom was overflowing with trash, but she wouldn't empty it. Her dog Chuckles needed fresh water every morning, but she didn't fill up his bowl.

## Idea Box

Gather the supplies listed above and hide them in various locations around camp. Have campers go on a Treasure Hunt to find them. After campers have collected the items, have them pretend they are performing the tasks.

**A “Cool Kind Kid” helps at home.**

## 6. *Polite to Me*

### Activity 2 – Washing Hands

- **Objective** To show that washing hands is a way of being “Polite to Me”
  - **Song** “*Polite to Me*,” Track 8
  - **Supplies** Soap, paper towels; poster paper, an empty bath soap wrapper or box
- Demonstrate how to wash hands properly.
  - Have each camper wash and dry hands.
  - **When should we wash our hands?**

### Idea Box

Draw or glue a soap wrapper in the center of a poster. Give each camper a square of construction paper on which to trace their hand (optional: cut out the hands.) Glue the hands around the poster to form a border.

**A “Cool Kind Kid” washes hands.**

## 6. *Polite to Me*

### Activity 3 – I Respect Myself

- **Objective** To help campers understand that practicing good hygiene and having a healthy lifestyle is a way of being “Polite to Me”
- **Song** “*Polite to Me*,” Track 8
- **Supplies** Bath towel
- **Art Extra** Handout: “*Polite to Me*”  
*Checklist*

- **How many bodies do we each get?**
- **If we don’t take good care of our one and only body, what will happen to it?**
- **Why should I be “polite to me”?**
- **How can I treat myself with respect?**

### Idea Box

- Have campers stand in a circle (for large groups, have several circles). Read one of the following statements, and then toss a bath

towel to a camper, who finishes the sentence by saying, “polite to me.” Have the camper toss the towel to another camper. Read the next statement, and have the camper finish the sentence. Continue.

- I’ll brush my teeth so I can be...
  - I’ll wash my hair so I can be...
  - I’ll wash my hands so I can be...
  - I’ll eat healthy food so I can be...
  - I’ll exercise so I can be...
- Have campers generate additional ideas.

**A “Cool Kind Kid” respects his one and only body.**

## 7. Time to Eat

### Activity 5 – Game: Pin the Utensils on the Placemat

- **Objective** To reinforce basic table setting skills
- **Supplies** Handouts: *Utensils Game* (one per group); *Preschool Placemat*; blindfolds, chart paper, paper napkins and plates, prizes

Divide campers into small groups. For each group, hang up a piece of chart paper with a rectangle drawn on it to represent a placemat. Have campers cut out the items on the handout. Put loops of tape on the backs of the pieces, and on the paper plate and napkin. Blindfold campers, spin them around 3 times, and play as for “Pin the Tail on the Donkey.” Have campers give awards for the placemat that is the “wackiest,” “pieces closest together,” “best looking,” etc.